



**IN PERPETUAL UNCERTAINTY
"STUCK IN THE PAST"**

Text: Isaiah 43:18-19 & Genesis 37-50

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All Scripture is in the English Standard Version (ESV) unless otherwise notated.

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THE PROBLEM IS MANY PEOPLE GET STUCK _____.

TWO REASONS

#1: Past _____

#2: Past _____

The story of Joseph and his brothers (Genesis 37-50)

Joseph could have _____ and negatively affected his life.

His brothers could have _____ and continued to affect their lives negatively.

In Genesis 45, Joseph revealed who he was to his brothers.

In Genesis 50, Joseph reassured his brothers that he would not remain stuck in the past.

THREE #GETUNSTUCK STATEMENTS

#1: I will _____.

#2: I will _____.

#3: I will _____.

FIVE STEPS TO #GETUNSTUCK FROM YOUR PAST

#1: _____ YOUR PAST FAILURES AND HURTS

Genesis 45:4a

So Joseph said to his brothers, "Come near to me, please." And they came near.

Genesis 50:15

When Joseph's brothers saw that their father was dead, they said, "It may be that Joseph will hate us and pay us back for all the evil that we did to him."

Get rid of the _____.

Psalm 51:3

"For I acknowledge my transgressions, and my sin is always before me." (NKJV)

#2: _____ YOUR PAST FAILURES AND HURTS.

Genesis 45:4b

And he said, "I am your brother, Joseph, whom you sold into Egypt.

Genesis 50:16

So they sent a message to Joseph, saying, "Your father gave this command before he died:

Genesis 50:17a

'Say to Joseph, "Please forgive the transgression of your brothers and their sin, because they did evil to you." And now, please forgive the transgression of the servants of the God of your father.'

Get rid of the _____.

Proverbs 28:13

"People who conceal their sins will not prosper, but if they confess and turn from them, they will receive mercy." (NLT)

#3: _____ YOUR PAST FAILURES AND HURTS.

Genesis 45:7

And God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors.

Genesis 50:17b-18

Joseph wept when they spoke to him. His brothers also came and fell down before him and said, "Behold, we are your servants."

Get rid of the _____.

1 John 1:10

If we say, "We don't have any sin," we make Him a liar, and His word is not in us. (HCSB)

#4; _____ YOUR PAST FAILURES AND HURTS.

Genesis 45:5

And now do not be distressed or angry with yourselves because you sold me here, for God sent me before you to preserve life.

GENESIS 50:19-20

But Joseph said to them, "Do not fear, for am I in the place of God? As for you, you meant evil against me, but God meant it for good, to bring it about that many people should be kept alive, as they are today.

Get rid of the _____.

Isaiah 43:18-19

“Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the desert and streams in the wasteland.” (NIV)

#5: _____ YOUR PAST FAILURES AND HURTS.

Genesis 45:8

So it was not you who sent me here, but God. He has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt.

Genesis 50:15

When Joseph's brothers saw that their father was dead, they said, “It may be that Joseph will hate us and pay us back for all the evil that we did to him.”

Genesis 50:21b

So do not fear; I will provide for you and your little ones.” Thus he comforted them and spoke kindly to them.

Get rid of the _____.

Philippians 3:13-14

“Beloved, I do not consider that I have made it my own; but this one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the heavenly call of God in Christ Jesus.” (NRSV)

HOME APPLICATION

Memorize Philippians 3:13-14

“I press on toward the goal for the prize of the heavenly call of God in Christ Jesus.” (NRSV)

Read the story of Joseph and his brothers in Genesis 37-50. I consider it one of the original “reality shows.”

Use the “FIVE STEPS TO #GETUNSTUCK” and the corresponding, *Get rid of the . . .*, and make the appropriate changes this week.

Speak out the “Three #GETUNSTUCK statements every day this week.